

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>  25/04/22 16/05/22 13/06/22 04/07/22	Main	● Moroccan Minced Lamb Tagine	● Spicy Mexican Chicken with Spaghetti	● Roast Chicken With Mixed Herbs	● Beef Lasagne	● Fish of the Day
	Vegetarian	Asian Noodle Stir Fry	Mac & Cheese	Vegetarian Sausage (VG) Jambalaya	Roasted Vegetable Lasagne	Vegetarian Chilli Non Carne (VG)
	Carbs & Veg	Rice & Mixed Salad	Mixed Salad	Roast Potatoes Cabbage & Sliced Carrots	Mixed Salad	Rice, Mashed Potatoes Peas or Mixed Salad
	Option	Pasta in a Tomato & Basil Sauce	Jacket Potato with Beans or Coleslaw	Pasta in a Roasted Vegetable Sauce	Jacket Potato with Beans or Cheese	Pasta in a Roasted Red Pepper & Chilli Sauce
	Dessert	Fruit Platter or Yoghurt	Eve's Pudding (Apple Sponge)	Cheese & Crackers or Yoghurt	Cheesecake	Pancakes with Fruit Compote
<b>Week 2</b>  02/05/22 23/05/22 20/06/22 11/07/22	Main	● Thai Red Chicken Curry & Rice	● Beef Chilli Con Carne	● Roast BBQ Chicken Dinner	Italian Meatballs with Pasta	● Fish of the Day
	Vegetarian	Pasta with Grated Courgette & Nut Free Pesto	Vegetable Moussaka	Jacket Potato with Cheese or Coleslaw	Vegetable Singapore Rice Noodles (VG)	Cheese & Tomato Flan
	Carbs & Veg	Rice & Mixed Salad	Rice Sweetcorn & Peas	Roast Potatoes Carrots & Sweetcorn	Peas or Mixed Salad	Mashed Potatoes Peas French Style, Beans
	Option	Jacket Potato with Beans or Cheese	Pasta in a Tomato & Basil Sauce	Asian Noodle Stir Fry With Soy & Honey Salmon	Pasta in a Roasted Fresh Vegetable Sauce	Jacket Potato with Cheese or Beans
	Dessert	Fruit Platter or Yoghurt	Apple & Peach Oatie Crumble	Cheese & Crackers or Yoghurt	Carrot Cake	Ice Cream Trifle Cake
<b>Week 3</b>  09/05/22 06/06/22 27/06/22 18/06/22	Main	Braised BBQ Pork With Rice	● Beef Spaghetti Bolognaise	● Roast Chicken Dinner	● Braised Chicken Sausages in Onion Gravy	● Fish of the Day
	Vegetarian	Sweet Potato, Chickpea & Spinach Curry (VG)	Spanish Vegetable Frittata	Vegetarian Sausages in a Yorkshire Pudding with Onion Gravy (VG)	Nasi-Goreng (Stir Fried Vegetable Rice) (No Egg) (VG)	Cheese, Tomato & Spinach Pinwheel
	Carbs & Veg	Rice & Sweetcorn & Peas	Potato Wedges & Mixed Salad	Roast Potatoes Carrots & Broccoli	Mashed Potatoes Mixed Vegetables	New Potatoes Peas or Beans
	Option	Pasta in a Tomato & Basil Sauce	Jacket Potato with Beans or Cheese	Pasta in a Roasted Vegetable Sauce	Jacket Potato with Beans or Cheese	Pasta in a Roasted Red Pepper & Chilli Sauce
	Dessert	Fruit Platter or Yoghurt	Apple Crumble	Cheese & Crackers or Yoghurt	Lemon Drizzle Slice	Cheesecake

Fresh Fruit and Yoghurt are available every day. We use locally sourced ingredients when available and in season.  
 All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

● Halal Suitable (VG) VEGAN (Jacket Potato with Beans) Additional VG Option